

KILLINGLY PUBLIC SCHOOLS

School District Profile

School District:	Killingly Public Schools	Grades:	K-12	Enrollment:	3,556
Number of Schools:	5	Education Reference Group (ERG):	H		
Team Leader:	Sandra Maynard Nurse Supervisor	Phone:	(860) 779-6755	E-mail:	smaynard@killinglyschools.org
Address:	Killingly Central School 60 Soap Street Dayville, CT 06241	Website:	http://www.killingly.k12.ct.us		

School Health Team in Place before Pilot Project: No

School Health Team Members:

School principal, school nurse, social worker, health and physical education coordinator, health educator, physical education teacher and math teacher

Other People Who Should Have Been Included on the School Health Team

Food service director

Policy Adoption:

We were unable to complete the policy development process during the pilot timeframe. The policy will be brought to the board once all assessment surveys are completed and policy language is finalized.

Number of Times School Health Team Met: 10

Length of Each Meeting: 1½ hours

Continuation of School Health Team After Pilot Completion:

The School Health Team will continue to work on policy development as time allows in order to complete the process.

Process for Identifying and Prioritizing Program Improvement Needs:

We used the *School Health Index* (SHI) to identify areas of strengths and weaknesses.

Steps Used for Policy Development and Adoption:

1. Using the eight SHI module questionnaires, we identified the areas that were rated "2" (partially in place).
2. Each area was reviewed to see why it was rated "2" and what was missing that kept it from being a "3" (fully in place).
3. Once all "2" areas were examined, the committee requested staff feedback on how to implement the missing parts of the components.
4. The committee developed questionnaires for parents, staff members and students. Data from the questionnaires will be used to identify the district deficits in physical activity and nutrition.

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Challenges to the Policy Development Process:

- Ongoing problems with regular meeting attendance by team members.
- Lack of interest and participation from some team members who were critical to the policy development process.
- Other priorities for administrative attention and support due to new building project and accreditation issues.

Successes with the Policy Development Process:

- We formed a School Health Team for the first time in our town.
- We evaluated our schools through the *School Health Index*.

Critical Resources Needed to Ensure Success with Policy Development:

- Time to conduct surveys, collect and analyze data, and conduct staff meetings to develop and finalize policy language.
- If team needs to be reimbursed for meeting times outside of school hours, money is needed.

Characteristics Important to an Effective, Productive and Successful School Health Team:

- A full working committee representing the entire school community.

Activities Conducted as a Result of Work on the School Nutrition Policies Project:

- Compiled assessment surveys for students, parents and school staff members.
- Instituted Project ACES – *All Children Exercise Simultaneously* (<http://www.projectaces.com/>).
- Participated in *Connecticut at PLAY! Promoting Lifestyle Activity for Youth*.
- Encouraged heightened awareness of health, nutrition and physical activity through a variety of programs, including running clubs at school, a morning exercise program, healthy snack alternatives, a hand-washing program, and a grant that supported an after-school program.

Strategies for Promoting Adoption and Districtwide Support of the Policies:

- We will continue to involve staff members, students and parents, and communicate with the board of education.

Strategies for District Implementation of the Policies:

- Implementation strategies will be determined upon completion of the policies.

Methods for Evaluating Success of District Implementation of the Policies:

- We plan to integrate our teacher and student surveys with our technology department. Student surveys will eventually be part of a lesson in the computer labs that will allow for greater use and tabulation of data.
- Specific evaluation measures and processes will be identified when the policies are completed.

Recommendations for Success with the Policy Development Process:

- Enlist cooperation and support from administrators to ensure that there is sufficient staff time to complete the work.
- Go slowly.

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Policies

The Killingly policies are not available.